In attendance: Alison Guthrie, Kasia Gorzkowska & Karen Mack (VOA), Emma Gee (Cultural Services), Helen Corbett (St Andrew's Nursery), Kim McIntosh (Early Years Team), Emily Dennison & Lee-Anne Gray (Orkney Isles Council), Cllr John Richards, Karen Tait (Orkney Dental) & Alison Clyde (GWT)

Apologies: Rob Crichton, Linsey Drever, Hanna Gray, John Ross Scott, Steve Sankley, Cllr David Dawson, Marie Love, Cllr Sandy Cowie, Kerry Spence, Kate Evans & Gerd Peters.

National update
GWT welcome two new members of staff
Bella Kerr, Intergenerational Development Officer who works full time Monday – Friday and Donna McGlashan, Intergenerational Development Officer, Perth & Kinross who works a Tuesday and Wednesday.

[National Awards for Excellence in Intergenerational Work 2020](). The awards recognise, showcase and celebrate achievement and outstanding practice in the field of intergenerationality. Nominations are encouraged from projects and individuals living throughout Scotland. This year there are five award categories:
- Most innovative project
- Most improved project
- Award for promoting achievement and attainment in education
- Award for contribution to reducing loneliness and isolation
- Volunteer of the year

To apply, please find below a copy of the Award Guidelines and the nomination form.
Deadline for applications will be **Friday, 7th February 2020** at noon. Nominations should be emailed along with three high resolution photographs to Bella@generationsworkingtogether.org. The awards will be presented at our National Conference, Glasgow on Wednesday 4th March 2020.

GWT National Conference confirmed for **Wednesday 4th March 2020,** Technology and Innovation Centre, University of Strathclyde, Glasgow - Cost £70 members and £85 non-members
Programme details will be announced December 2019, opportunities for stalls and exhibitions for projects to showcase their intergenerational work.

[Intergenerational housing case studies]() **–** report available on website

[Intergenerational Evaluation Toolkit](), Generations United

Volunteer Scotland and the Scottish Volunteering Forum have launched a major new report '**The Contribution of Volunteering to Scotland's Health and Wellbeing'.** It reveals how volunteering can help Scottish society face some of its biggest challenges: an aging population, labour market skills shortages, mental and physical ill-health, social isolation and loneliness, and poor community engagement. Volunteering brings even greater benefits for volunteers who experience disadvantage and exclusion. https://generationsworkingtogether.org/news/the-contribution-of-volunteering-to-scotland-s-health-and-wellbeing-06-11-2019

Can intergenerational relationships be useful at end of life?

GWT has been in conversation with Dr Forbat around developing a new research study: Intergenerational innovation: health promoting palliative care and death literacy in the care home setting. If you have experiences in this field and have been connecting younger people with people in the last 6 months of life or would like to get involved, please get in touch with Alison Clyde.

Warwick Scale – The Warwick-Edinburgh Mental Wellbeing Scales were developed to enable the measuring of mental wellbeing in the general population and the evaluation of projects, programmes and policies which aim to improve mental wellbeing. The 14-item scale WEMWBS has 5 response categories, summed to provide a single score. The items are all worded positively and cover both feeling and functioning aspects of mental wellbeing, thereby making the concept more accessible. The scale has been widely used nationally and internationally for monitoring, evaluating projects and programmes and investigating the determinants of mental wellbeing. WEMWBS is protected by copyright. If you would like to use WEMWBS, you need to register to receive a license for use.
If you represent a not-for-profit organisation (for example public sector, charity, NGOs, government bodies and community interest companies), the scales are available for use by a standard free license. You can register here and this will act as automatic permission.
https://warwick.ac.uk/fac/sci/med/research/platform/wemwbs/using

Intergenerational Training Course for Practitioners and Trainers – 10am – 4pm CPD Accredited (£75 - Full / £50 Concession) planned for:
- **27th January 2020,** Dumfries
- **19th March 2020** Duns, Scottish Borders
- **25th March 2020,** Kirkwall, Orkney
- **25th March 2020, Perth**
- **21st May 2020**, Wick, Highlands

International Certificate on Intergenerational Learning (ICIL) – Edition 5 will run from Tuesday 28th April 2020 – Monday 15th June 2020 (Cost – Members £160 /Non-Members £185).

The Big Climate Conversation
Alison encouraged members to check out the Big Climate Conversation toolkit a step by step guide for running your own community conversation as part of the Big Change Conversation Initiative.
https://www.gov.scot/policies/climate-change/low-carbon-living/
https://www.gov.scot/publications/the-big-climate-conversation-community-conversation-pack/

Local Update
- **Culture Fund (£500 - £3000) open for applications –** Deadline Friday 7 February 2020. For further information contact Emma at emma.gee@orkney.gov.uk
- Many attendees were keen for an intergenerational training course to be held in Kirkwall in early 2020
- New Care home in Stromness opening up in the January – hope to hold the next network meeting there in March to explore intergenerational opportunities. Alison keep in contact with Cllr John Richards and Sally Shaw.
- Potential IG art project for the new care home – contact sally.shaw@orkney.gov.uk
- Keen interest from early years providers to create more intergenerational projects across the Isles. Kim McIntosh will send Alison a list of where the nurseries are at organising IG activity. Nurseries keen to hear from older people's organisations including care homes to create new partnerships and develop projects – see attachments on network page

Meetings for 2020

- Network meeting - Tuesday 24th March, 13.30 – 15.30 Stromness - venue TBC
- Training - Wednesday 25th March, 10.00 – 16.00, Kirkwall & St Ola Town Hall, Kirkwall